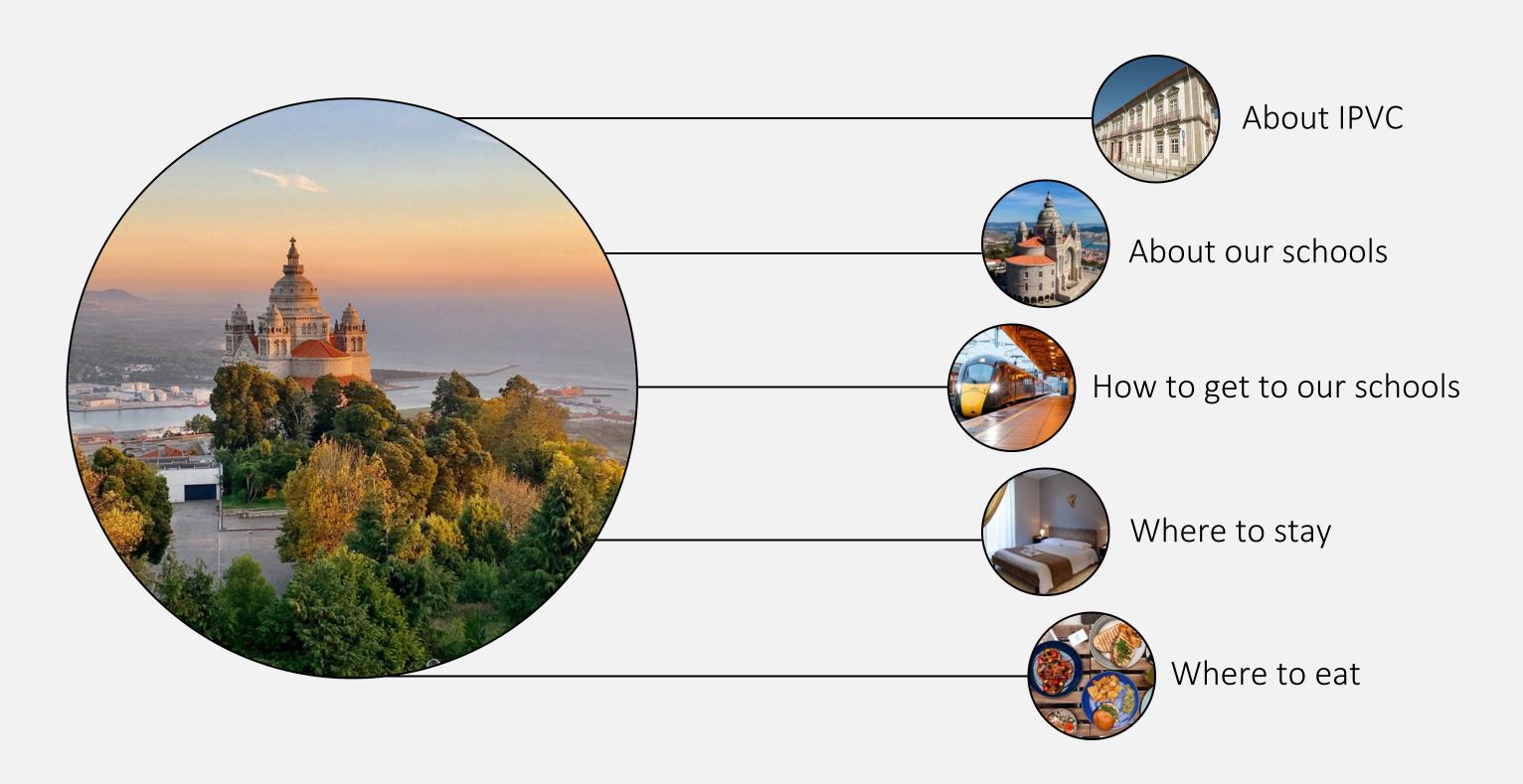


We have prepared this short guide with information that you may find useful for your next visit to the Polytechnic University of Viana do Castelo (IPVC).

We hope you have a pleasant stay and that you can make the most of your trip!



## ABOUT IPVC

The Polytechnic University of Viana do Castelo (IPVC), created in 1980, is located in Alto Minho, north-western Portugal. IPVC offers various educational programs, including 27 licentiate degree programs, 23 master's degree programs, 20 professional and technical programs, and 6 postgraduate programs, across its 6 schools: Education, Agriculture, Technology and Management, Business Sciences, Health and Sports and Leisure.

Discover more about us!

















Alto Minho is a sub-region of the Norte region. It is bounded to the north and east by Spain, to the south by the district of Braga and to the west by the Atlantic Ocean.

Alto Minho is composed of 10 municipalities: Arcos de Valdevez, Caminha, Melgaço, Monção, Paredes de Coura, Ponte da Barca, Ponte de Lima, Valença, Viana do Castelo and Vila Nova de Cerveira.

Alto Minho benefits from an excellent geostrategic position for business activity, between Europe, America and Africa. The region encompasses a multiplicity of landscapes with its own identity, distinguished by the harmony of its various ecosystems: maritime, fluvial and terrestrial.

The historic centres of the municipalities are urban spaces of ancient foundation that currently represent strong poles of attraction for visitors.

#### Discover more about Alto Minho:













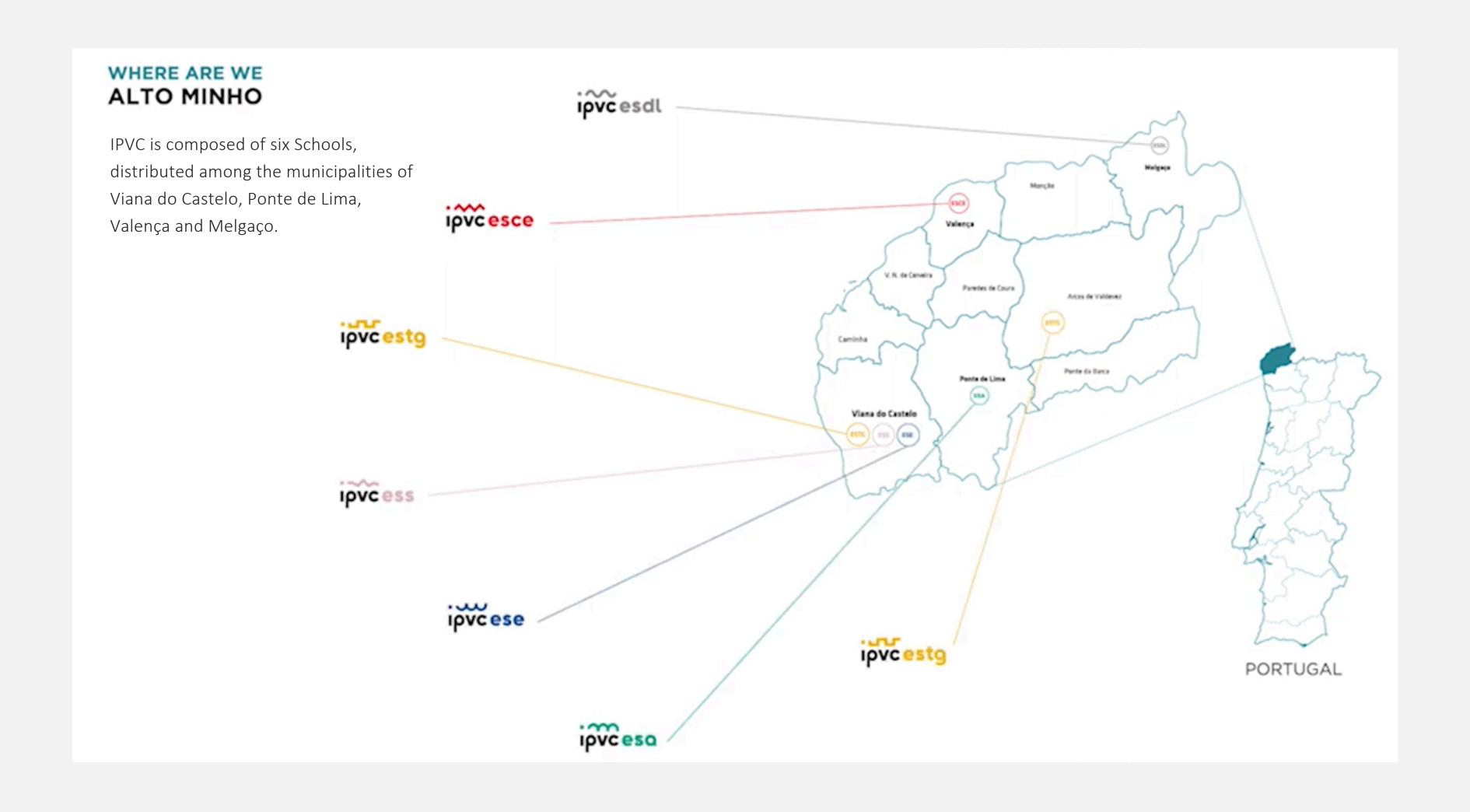












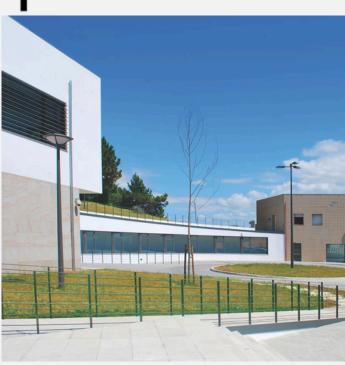
## SCHOOLS IN VIANA DO CASTELO

Viana do Castelo is a vibrant city renowned for its rich history, cultural heritage, diverse gastronomy, and strong traditions. The city is home to three of our schools: <u>School of Technology and Management</u> (ESTG), <u>School of Health</u> (ESS) and <u>School of Education</u> (ESE).













## HOW TO GET TO VIANA DO CASTELO

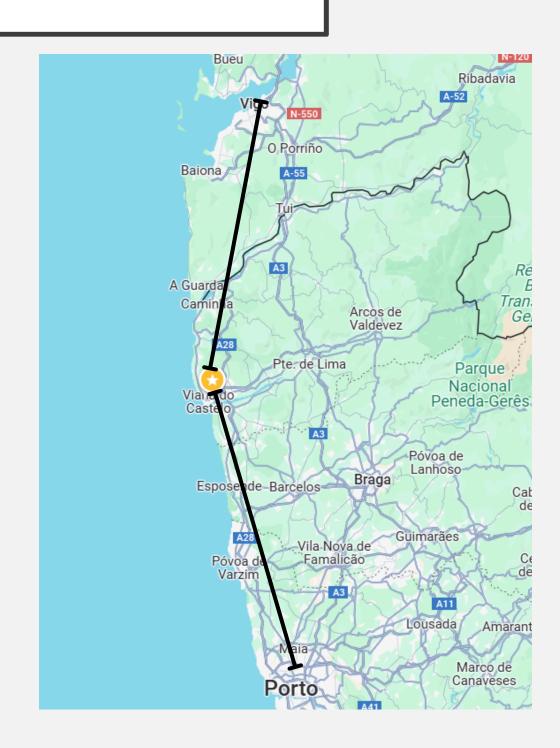
There are a couple of alternatives to reach Viana do Castelo. You can fly into one of the **two nearest airports**:

Francisco Sá Carneiro Airport (OPO), Porto-Portugal

Vigo-Peinador Airport (VGO), Galicia-Spain

Porto Airport is usually the preferred option, as it offers more frequent and direct connections to major European destinations. However, depending on your location and airline availability, Vigo might be a convenient alternative, especially for travellers from Spain or certain parts of Europe.

Be sure to check both options when planning your trip, as Vigo could present an opportunity in terms of proximity or cost.



## From PORTO Airport to VIANA DO CASTELO

### **By Train**

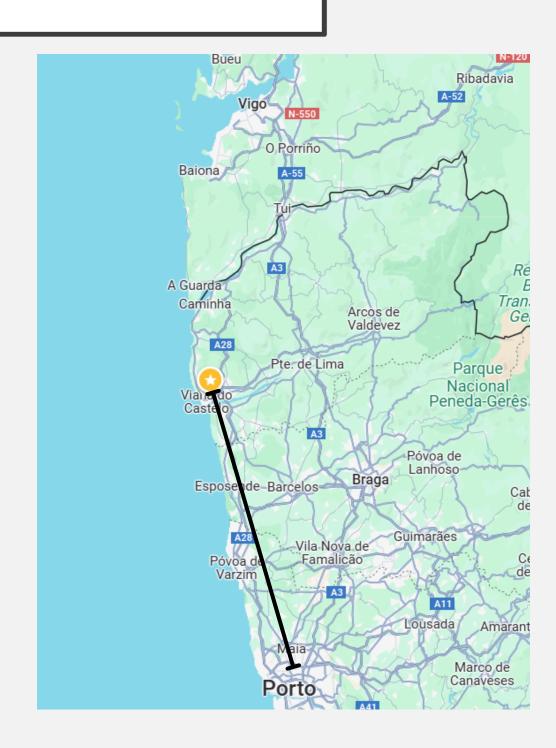
First, take the Metro (Line E – Purple) from Porto Airport to Campanhã Station. The journey takes approximately 30 to 40 minutes. You can find more information and the Metro timetable at the airport. From Campanhã Station, take a train to Viana do Castelo. The train ride lasts around 1 hour and 30 minutes. For schedules and ticket booking, visit the <u>Comboios de Portugal</u> website.

## By Bus (Recommended Option)

Alternatively, shuttle bus services run from Porto Airport to Viana do Castelo. The companies <u>Getbus</u>, <u>FlixBus</u> and <u>Rede Expressos</u> (*cheaper option*) provide direct services between Porto Airport and Viana do Castelo. Tickets and schedules are available on each company's official website.

## By car

If you prefer the flexibility of driving, car rental services are available at Porto Airport. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



## From VIGO Airport to VIANA DO CASTELO

#### **By Train**

The most popular train company operating between Vigo and Viana do Castelo is Renfe Trencelta. There are direct train services between Vigo city centre and Viana do Castelo, with a journey time of around 1 hour and 10 minutes. For train times and ticket booking, visit the <u>Comboios de Portugal website</u>.

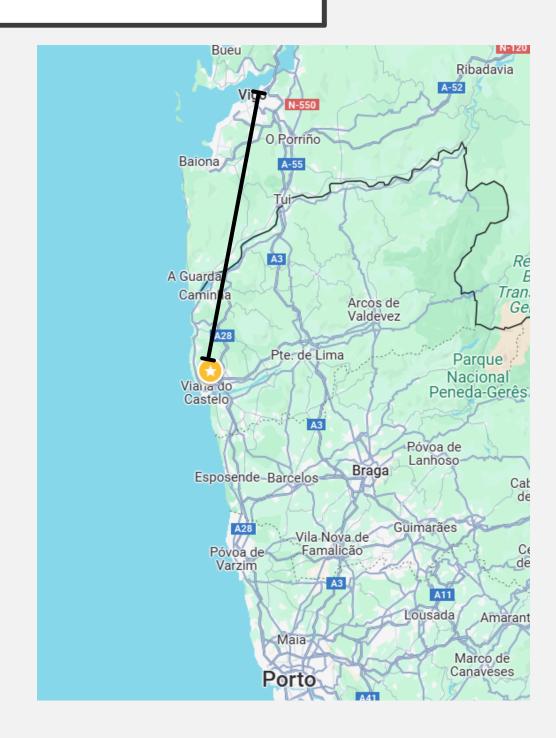
*Note:* There is no direct train service from Vigo Airport. You will need to take a taxi or a local bus from the airport to Vigo Guixar Train Station. Train connections are also limited.

#### By Bus

There are currently no direct bus services from Vigo Airport to Viana do Castelo. To travel by bus, you would first need to get to Vigo city centre, then make multiple connections, though this typically involves additional changes and waiting time.

#### By car

If you prefer the flexibility of driving, car rental services are available. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



### **Hotel Fábrica do Chocolate \*\*\*\***

Rua do Gontim, nº 70-76, 4900-474 Viana do Castelo

T: +351 258 244 000; Website: <a href="http://fabricadochocolate.com/">http://fabricadochocolate.com/</a>

#### Walking distance to IPVC buildings

- Headquarters 1,2Km
- School of Education 1,2 Km
- School of Health 1,8 Km
- School of Technology and Management 2,3 Km

## **Hotel Axis Viana Business & SPA \*\*\*\***

Av. Capitão Gaspar de Castro, 4900-462 Viana do Castelo T: +351 258 802 000; Website: <a href="http://www.axishoteis.com">http://www.axishoteis.com</a>

- Headquarters 1,8Km
- School of Education 150 m
- School of Health 2,6 Km
- School of Technology and Management 3,2 Km

#### **Hotel Flor de Sal** \*\*\*\*

Avenida de Cabo Verde, n100, 4900-568 Viana do Castelo T: + 351 258 800 100; Website: <a href="http://hotelflordesal.com">http://hotelflordesal.com</a>

## Walking distance to IPVC buildings

- Headquarters 1,5 Km
- School of Education 3,3 Km
- School of Health 1,6 Km
- School of Technology and Management 300 m

### **AP Dona Aninhas** \*\*\*\*

Largo Vasco da Gama 38, 4900-322 Viana do Castelo

T: +351 258 248 570; Website: <a href="http://www.ap-hotelsresorts.com/donaaninhas">http://www.ap-hotelsresorts.com/donaaninhas</a>

- Headquarters 400 m
- School of Education 1,9 km
- School of Health 1,2 Km
- School of Technology and Management 1,6 Km

## **Hotel do Parque** \*\*\*

Praça da Galiza, 4900-476 Viana do Castelo

T: +351 258 828 605; Website: <a href="https://hoteldoparque.com/">https://hoteldoparque.com/</a>

### Walking distance to IPVC buildings

- Headquarters 1,4 Km
- School of Education 1,0 Km
- School of Health 2,2 Km
- School of Technology and Management 2,8 Km

### Casa Melo Alvim \*\*\*\*

Avenida Conde da Carreira, 28, 4900-343 Viana do Castelo T: +351 258 808 200; Website: <a href="https://hotelmeloalvim.com/pt/">https://hotelmeloalvim.com/pt/</a>

- Headquarters 220 m
- School of Education 1,7 Km
- School of Health 950 m
- School of Technology and Management 1,5Km

#### Hotel Rali \*\*\*

Av. Dom Afonso III 180, 4900-477 Viana do Castelo

T: +351 258 829 770; Website: <a href="https://www.hotelraliviana.com/">https://www.hotelraliviana.com/</a>

#### Walking distance to IPVC buildings

- Headquarters 1,7 Km
- School of Education 1,1 Km
- School of Health 1,5 Km
- School of Technology and Management 2,4 km

## Pensão O Laranjeira\*\*

R. Manuel Espregueira 24, 4900-318 Viana do Castelo T: +351 258 822 258; Website: <a href="https://olaranjeira.com/#">https://olaranjeira.com/#</a>

- Headquarters 1,4 Km
- School of Education 1,6 Km
- School of Health 1,7 Km
- School of Technology and Management 1,8 Km

### **B&B Hotel Viana do Castelo** \*\*\*

Estrada da Papanata nº74, 4900-462 Viana do Castelo

T: +351 258 121 906; Website: <a href="https://www.hotel-bb.com/pt/hotel/viana-do-castelo">https://www.hotel-bb.com/pt/hotel/viana-do-castelo</a>

### Walking distance to IPVC buildings

- Headquarters 1,5 Km
- School of Education 1 Km
- School of Health 2,2 Km
- School of Technology and Management 2,7 km

## Hotel Margarida da Praça

Largo 5 de Outubro, nº 58, 4900-515 Viana do Castelo

T: +351 258 809 630; Website: <a href="https://margaridadapraca.pt/">https://margaridadapraca.pt/</a>

- Headquarters 650 m
- School of Education 1,9 Km
- School of Health 1,4 Km
- School of Technology and Management 1,8 Km

## Flag Design Hotel \*\*\*\*

Rua da Bandeira 140, 4900-560 Viana do Castelo

T. +351 258 247 887; Website: <a href="https://flagdesignhotel.com-hotel.com/">https://flagdesignhotel.com-hotel.com/</a>

### Walking distance to IPVC buildings

- Headquarters 1 Km
- School of Education 1,3 Km
- School of Health 1,6 Km
- School of Technology and Management 2,1 km

## **Absoluto Design Hotel** \*\*\*\*

Rua da Bandeira 174, Viana do Castelo

T. +351 258 404 596; Website: <a href="https://www.absolutohotel.com/">https://www.absolutohotel.com/</a>

- Headquarters 1 Km
- School of Education 1,2 K
- School of Health 1,6 Km
- School of Technology and Management 2,1 Km

## WHERE TO EAT IN VIANA DO CASTELO

### Restaurante Tasquinha da Linda

- Doca das Marés A-10, Viana do Castelo
- Tel. +351 258 847 900

## Restaurante Margarida da Praça

- Largo 5 de outubro, 58, Viana do Castelo
- Tel. +351 258 809 630

#### **Restaurante O Pescador**

- Largo De Sao Domingos 35, Viana do Castelo
- Tel. +351 914 462 301

## **Restaurante O Laranjeira**

- Rua Manuel Espregueira, 24, Viana do Castelo
- o Tel. +351 258 822 258

#### Casa de Pasto Maria de Perre

- Rua de Viana, 118, Viana do Castelo
- o Tel. +351 258 822 410

#### **Restaurante O Manel**

- Praça da Liberdade A2 A4, Viana do Castelo
- Tel. +351 258 845 320

#### **Casa Primavera - Taberna Soares**

- Rua Góis Pinto, 57 Viana do Castelo
- Tel. +351 258 821 807

### **Taberna do Valentim**

- Av. Campo do Castelo 45, Viana do Castelo
- o Tel. +351 258 827 505

# SCHOOL IN VALENÇA

The ancient city of Valença, also known as Valença do Minho, lies on the southern bank of the Minho river facing its Spanish contemporary, Tui. Here you will find our <u>School of Business Sciences</u> (ESCE).

# ipvc esce



## HOW TO GET TO VALENÇA

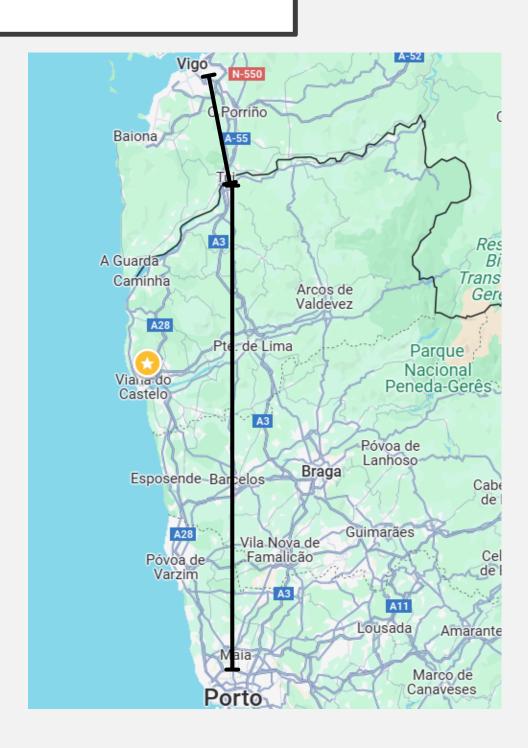
There are a couple of alternatives to reach Valença. You can fly into one of the **two nearest airports**:

Francisco Sá Carneiro Airport (OPO), Porto-Portugal

Vigo-Peinador Airport (VGO), Galicia-Spain nearest airport

Porto Airport is usually the preferred option, as it offers more frequent and direct connections to major European destinations. However, depending on your location and airline availability, Vigo might be a convenient alternative, especially for travellers from Spain or certain parts of Europe.

Be sure to check both options when planning your trip, as Vigo could present an opportunity in terms of proximity or cost.



# From PORTO Airport to VALENÇA

### **By Train**

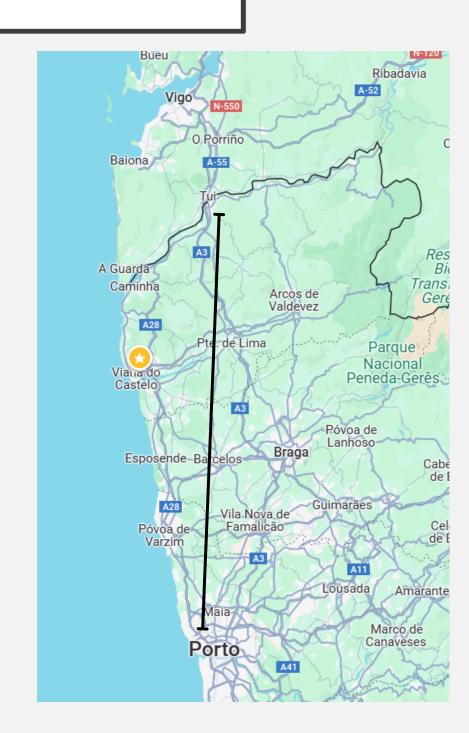
First, take the Metro (Line E – Purple) from Porto Airport to Campanhã Station. The journey takes approximately 30 to 40 minutes. You can find more information and the Metro timetable at the airport. From Campanhã Station, take a train to Valença. For schedules and ticket booking, visit the <u>Comboios de Portugal</u> website.

### By Bus

Alternatively, shuttle bus services run from Porto Airport to Valença. The companies <u>Autna</u>, <u>FlixBus</u> and <u>Rede Expressos</u> provide direct services between Porto Airport and Valença. Tickets and schedules are available on each company's official website.

#### By car

If you prefer the flexibility of driving, car rental services are available at Porto Airport. Major providers include: Hertz, Sixt, and Europear. This option may be convenient if you plan to explore the surrounding region at your own pace.



# From VIGO Airport to VALENÇA

#### **By Train**

The most popular train company operating between Vigo and Valença is Renfe Trencelta. There are direct train services between Vigo city centre and Valença, with a journey time of around 37 minutes. For train times and ticket booking, visit the <u>Comboios de Portugal website</u>.

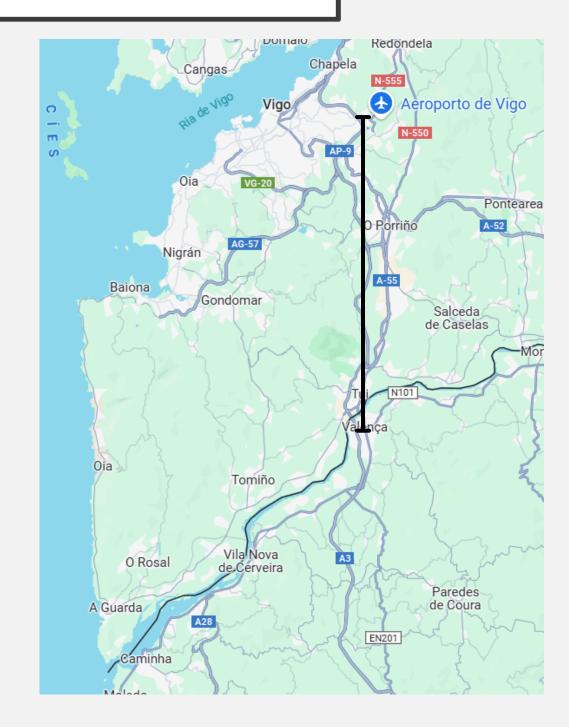
*Note:* There is no direct train service from Vigo Airport. You will need to take a taxi or a local bus from the airport to Vigo Guixar Train Station. Train connections are also limited.

## By Bus

To travel by bus, you would first need to get to Vigo city centre. The companies <u>Autna</u>, <u>FlixBus</u> and <u>Rede Expressos</u> provide direct services between Vigo city centre and Valença. Tickets and schedules are available on each company's official website.

#### By car

If you prefer the flexibility of driving, car rental services are available. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



# ACCOMMODATION IN VALENÇA

## Hotel Lara \*\*\*

Av. dos Bombeiros Voluntários, 4930-645 Valença, Viana do Castelo

T: +351 251 824 348; Website: <a href="https://hotellara.com/">https://hotellara.com/</a>

Walking distance to ESCE buildings - 1,4 Km

## Pousada de Valença

Rua Senhora do Socorro, Valença, Viana do Castelo

T: +351 251 800 260; Website: <a href="https://www.pousadavalenca.pt/">https://www.pousadavalenca.pt/</a>

Walking distance to ESCE buildings - 2 Km

# WHERE TO EAT IN VALENÇA

#### **Restaurante Fortaleza**

- Rua Apolinário da Fonseca 29, Valença
- o Tel. +351 251 818 461

#### Restaurante Solar do Bacalhau

- Rua Mouzinho de Albuquerque 99, Valença
- Tel. +351 251 822 161

#### **Restaurante Fonte D'ouro**

- Estrada Nacional 201 N, 2353 Cerda, Valença
- Tel. +351 251 839 393

## Estação Valença

- Av. do Colégio Português Largo da Estação, Valença
- o Tel. +351 913 832 246

### Adega do João

- Lugar de Passos, nº 375, Estrada Nacional 201
   Cerdal, Valença
- Tel. +351 251 839 359

#### **Restaurante Muralha**

- o Travessa da Secretaria Militar, Fortaleza, Valença
- Tel. +351 913 135 138

## **Restaurante O Caniço**

- Av. S. Teotónio Ed. Lepanto, Lj 7, Valença
- o Tel. +351 961 412 894

#### Trattoria CASA di Mamma

- Rua 25 de Abril, Valença
- o Tel. +351 251 818 145

## SCHOOL IN PONTE DE LIMA

Ponte de Lima is the oldest village in Portugal – a place where history, culture, and natural beauty come together.

Discover its rich historical heritage, vibrant traditions, stunning gardens, delicious cuisine, and the renowned Vinho Verde wines. It is also home to our <u>School of Agriculture</u> (ESA),





## HOW TO GET TO PONTE DE LIMA

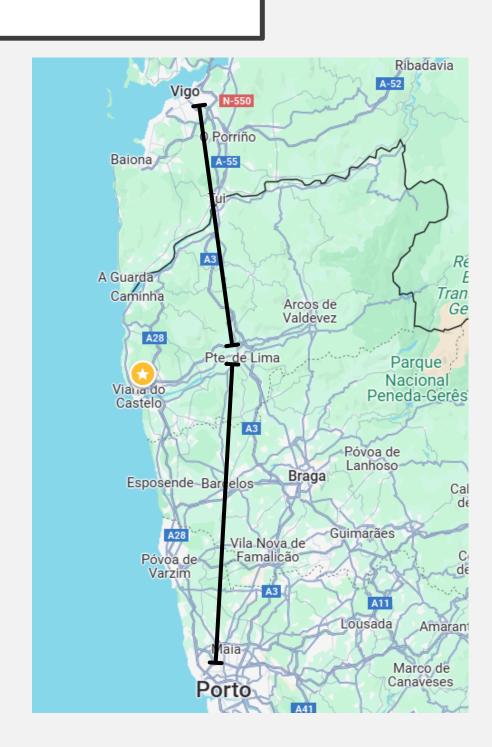
There are a couple of alternatives to reach Ponte de Lima. You can fly into one of the **two nearest** airports:

Francisco Sá Carneiro Airport (OPO), Porto-Portugal nearest airport

Vigo-Peinador Airport (VGO), Galicia-Spain

Porto Airport is usually the preferred option, as it offers more frequent and direct connections to major European destinations. However, depending on your location and airline availability, Vigo might be a convenient alternative, especially for travellers from Spain or certain parts of Europe.

Be sure to check both options when planning your trip, as Vigo could present an opportunity in terms of proximity or cost.



## From PORTO Airport to PONTE DE LIMA

### **By Train**

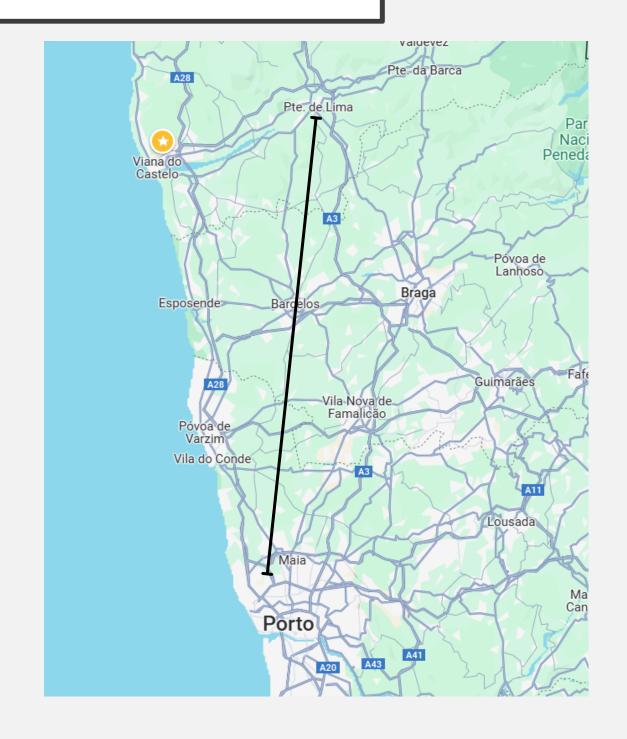
First, take the Metro (Line E – Purple) from Porto Airport to Campanhã Station. The journey takes approximately 30 to 40 minutes. You can find more information and the Metro timetable at the airport. From Campanhã Station, take a train to Braga, then you will need to take a bus. For schedules and ticket booking, visit the <u>Comboios de Portugal</u> website.

## By Bus (Recommended Option)

Alternatively, shuttle bus services run from Porto Airport to Ponte de Lima. The companies <u>Getbus</u>, <u>Alsa</u>, <u>FlixBus</u> and <u>Rede Expressos</u> provide direct services between Porto Airport and Ponte de Lima. Tickets and schedules are available on each company's official website.

## **By Car**

If you prefer the flexibility of driving, car rental services are available at Porto Airport. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



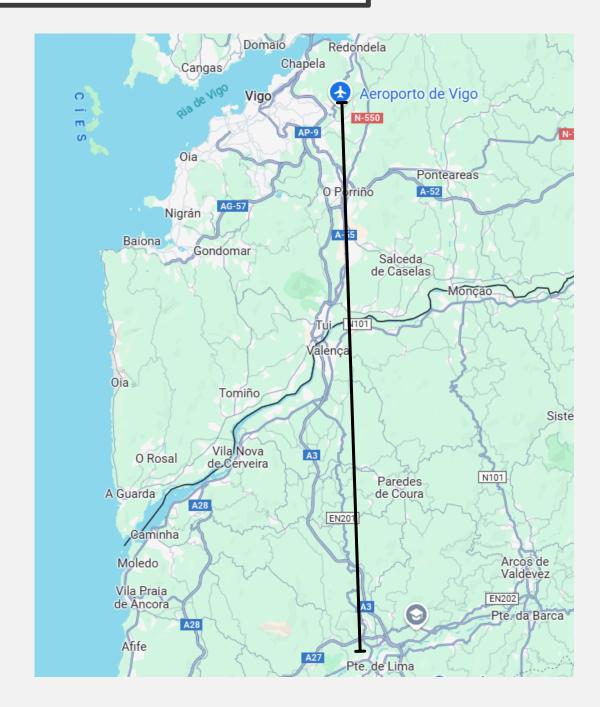
# From VIGO Airport to PONTE DE LIMA

## By Bus

The companies <u>Autna</u>, <u>Alsa</u>, and <u>FlixBus</u> provide direct services between Vigo and Ponte de Lima. Tickets and schedules are available on each company's official website.

## By Car

If you prefer the flexibility of driving, car rental services are available. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



## ACCOMMODATION IN PONTE DE LIMA

### **Hotel INLIMA Hotel & SPA \*\*\*\***

Rua Agostinho José Taveira, Lote 6, Ponte de Lima

T: +351 258 900 050; Website: <a href="https://www.inlimahotel.com/pt/">https://www.inlimahotel.com/pt/</a>

Car distance to ESA buildings - 8,3 Km

#### **Arc My Otel**

Largo da Alegria, Nº 9, Ponte de Lima

T: +351 258 900 150; Website: <a href="http://www.arc-otel.pt/">http://www.arc-otel.pt/</a>

Car distance to ESA buildings - 7,1 Km

#### Axis Ponte de Lima Golf Resort Hotel \*\*\*

Rua do Sobreiro nº 346, Ponte de Lima

T: +351 258 900 250; Website: <a href="https://www.axishoteis.com/axis-ponte-de-lima.html">https://www.axishoteis.com/axis-ponte-de-lima.html</a>

Car distance to ESA buildings - 10,9 Km

## ACCOMMODATION IN PONTE DE LIMA

### **Hotel Império do Norte** \*\*\*

Avenida 5 de Outubro 97 Ponte de Lima

T: +351 258 009 008; Website: <a href="https://www.hotelimperiodonorte.com/">https://www.hotelimperiodonorte.com/</a>

Car distance to ESA buildings - 8,9 Km

## **Hotel Paço de Vitorino** \*\*\*\*

Rua do Paço, nº 270, Vitorino das Donas, Ponte de Lima T: +351 258 738 578; Website: <a href="https://pacodevitorino.com/">https://pacodevitorino.com/</a>

Car distance to ESA buildings - 15,4 Km

## **Hotel Rural Solar das Arcadas** \*\*\*

Largo do Barco 62 – Vitorino das Donas, Ponte de Lima T: +351 258 738 126; Website: <a href="https://solardasarcadas.pt/">https://solardasarcadas.pt/</a>

Car distance to ESA buildings - 15,6 Km

## WHERE TO EAT IN PONTE DE LIMA

#### **Restaurante Taverna Vaca das Cordas**

- R. Beato Francisco Pacheco 38, Pte. de Lima
- Tel. +351 258 741 167

#### A Carvalheira

- R. do Eido Velho 73, Fornelos, Pte. de Lima
- Tel. +351 258 742 316

## **Restaurante Açude**

- o Caminho São Gonçalo, Pte. de Lima
- Tel. +351 965 740 022

## **Casa Borges**

- o Correlhã, Pte. de Lima
- Tel. +351 258 942 442

#### **Restaurante Sabores do Lima**

- Largo do Dr. António de Magalhães 78, Pte. de Lima
- o Tel. +351 258 931 121

#### Restaurante A cozinha velha

- R. do Barreiro 40, Pte. de Lima
- Tel. +351 258 749 664

#### **Restaurante O Confrade**

- Mercado Municipal Loja 1, Passeio 25 de Abril,
   Pte. de Lima
- Tel. +351 258 753 609

#### Terra do Eido

- Rua de São Tiago de Brandara 1043, Brandara,
   Pte. de Lima
- o Tel. +351 258 742 055

# SCHOOL IN MELGAÇO

Melgaço is made up of several areas of interest, such as Parada do Monte, Gave and the plateau of Castro Laboreiro were locations of many megalithic burial mounds and graves that suggest the presence of human settlement in the mountains of the region. Alongside is the hilltop castle, which stood firm during the Galician-Leonese battles. Here you have the <u>School of Sports and Leisure</u> (ESDL).

# ipvc esdl



## HOW TO GET TO MELGAÇO

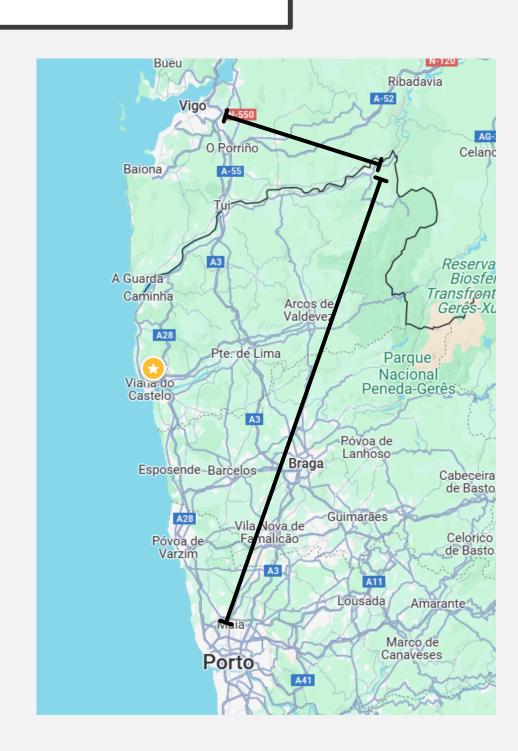
There are a couple of alternatives to reach Melgaço. You can fly into one of the **two nearest** airports:

Francisco Sá Carneiro Airport (OPO), Porto-Portugal

**Vigo-Peinador Airport (VGO), Galicia-Spain** nearest airport

Porto Airport is usually the preferred option, as it offers more frequent and direct connections to major European destinations. However, depending on your location and airline availability, Vigo might be a convenient alternative, especially for travellers from Spain or certain parts of Europe.

Be sure to check both options when planning your trip, as Vigo could present an opportunity in terms of proximity or cost.



# From PORTO Airport to MELGAÇO

#### **By Train**

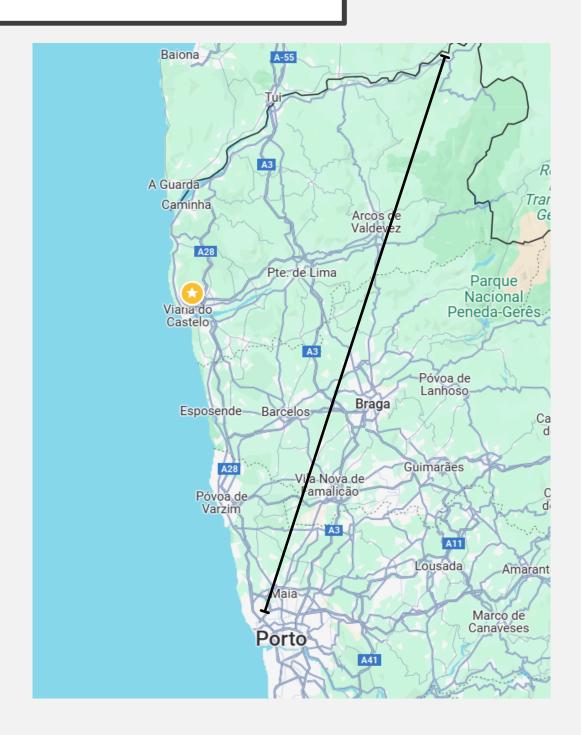
First, take the Metro (Line E – Purple) from Porto Airport to Campanhã Station. The journey takes approximately 30 to 40 minutes. You can find more information and the Metro timetable at the airport. From Campanhã Station, take a train to Valença, then you will need to take a bus. For schedules and ticket booking, visit the <u>Comboios de Portugal</u> website.

### By Bus

There are no direct services between Porto Airport and Melgaço. However, you can first travel to Viana do Castelo and then take a bus to Melgaço with <u>FlixBus</u> or <u>AV Minho</u>. Check the respective websites for routes and schedules. If you need information on how to reach Viana do Castelo by bus or train from Porto Airport, please refer to the previous section, which includes detailed guidance.

## By Car

If you prefer the flexibility of driving, car rental services are available at Porto Airport. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



# From VIGO Airport to MELGAÇO

#### By Train

The most popular train company operating between Vigo and Valença is Renfe Trencelta. There are direct train services between Vigo city centre and Valença, with a journey time of around 37 minutes. Then, you will need to take a bus for Melgaço. For train times and ticket booking, visit the <u>Comboios de Portugal website</u>.

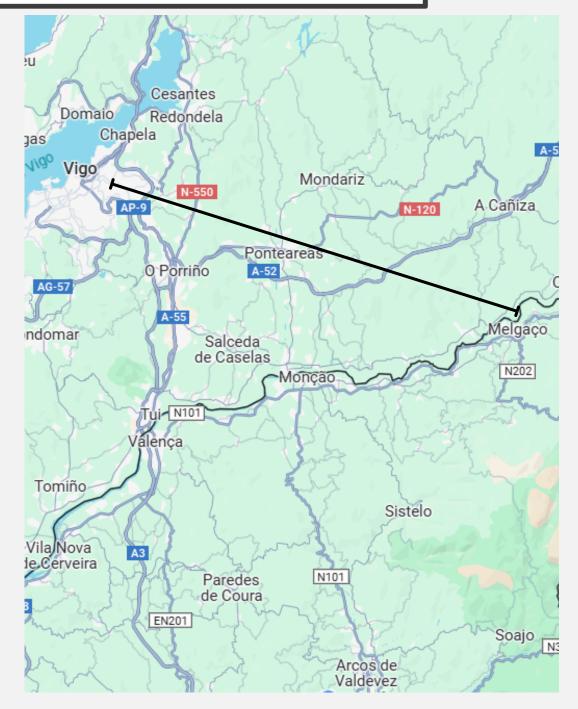
Note: There is no direct train service from Vigo Airport. You will need to take a taxi or a local bus from the airport to Vigo Guixar Train Station. Train connections are also limited.

#### By Bus

There are no direct services between Vigo Airport and Melgaço. However, you can first travel to Valença and then take a bus to Melgaço, through <u>AV Minho</u>. Check the respective website for routes and schedules. If you need information on how to reach Valença by bus or train from Vigo Airport, please refer to the previous section, which includes detailed guidance.

## By car

If you prefer the flexibility of driving, car rental services are available. Major providers include: *Hertz, Sixt,* and *Europear.* This option may be convenient if you plan to explore the surrounding region at your own pace.



## ACCOMMODATION IN MELGAÇO

## Monte Prado Hotel & Spa \*\*\*\*

Monte Prado, Melgaço

T: +351 251 400 130; Website: <a href="https://www.hotelmonteprado.pt/">https://www.hotelmonteprado.pt/</a>

Walking distance to ESDL buildings - 800 m

# WHERE TO EAT IN MELGAÇO

## Restaurante Tasquinha da Portela

- M1144-1, Melgaço
- Tel. +351 968 825 682

### Restaurante Tasquinha de Melgaço

- Rua R. de Eiró 4960, Melgaço
- Tel. +351 251 036 941

#### **Restaurante O Adérito**

- Quinta do Pombal, Remoães, Melgaço
- o Tel. +351 251 839 393

### Adega do Sabino

- Lugar de Passos, nº 375, Estrada Nacional 201
   Cerdal, Valença
- Tel. +351 251 839 359

## Adega do Sossego Restaurante

- Av. do Colégio Português Largo da Estação, Valença
- Tel. +351 913 832 246

## CITIES AND PLACES NEARBY ALTO MINHO

If you'll decide to visit the Alto Minho region you should also discover some cities and places around.









## GENERAL INFORMATION



Portugal time is GMT +1 hour



Climate & Weather: <u>IPMA</u>



The currency of Portugal is the € - Euro.



The entire region has a taxi service available.



You can also use Uber and Bolt platform in Viana do Castelo.



Call 112, the EU-wide emergency number for Police, Fire Service and Ambulance.

If you have any questions or experience any inconvenience, please don't hesitate to contact us — we're here to help!

## **International Office**



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